Keep On Truckin Qualification, Compliance, & ELD's



How Trucking Regulations Apply to Insulation Contractors





Agenda

- Today we'll cover
 - Why should I care about trucking regulations?
 - Who is considered a "Motor Carrier"
 - Requirements for compliance
 - Where to find answers
- Today's Goal provide an overview of the FMCSA Regulations and how they apply to Contractors

Why Should I Care?

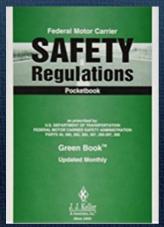
- It's the law!
- Considered minimum safety practices
- Breaking the law exposes risk
 - Financial
 - Jail!
- Don't put yourself into a situation of having to explain Magic Grits!

Why Should I Care?



Federal Motor Carrier Safety Regulations

- Parts that require ACTION &/OR RECORDKEEPING
 - Part **380** Special Training Requirements
 - Part **390** General Requirements
 - Part **391** Driver qualifications
 - Part 392 Driving of CMVs (Driver responsibility)
 - Part **395** Hours of service
 - Part 396 Inspection, repair, maintenance
 - Part 382 Controlled substances, alcohol



What is a "Motor Carrier"

Key Definitions – 390.5

'Motor carrier'

 includes a company's agents, officers and representatives as well as employees responsible for hiring, supervising, training, assigning, or dispatching of drivers and employees

'Commercial Motor Vehicle' (CMV)

- 10,001+ GCVWR
- Hazmat in placard quantities

• 'Driver' –

- Person who operates a CMV
- Inter-state v. intra-state
 - All states adopted Federal rules as State rules
- Summarize: If you operate CMV you are a 'motor carrier'



"The rules ... are applicable to all employers, employees, and commercial motor vehicles which transport property ... in interstate commerce." – FMCSR 390.3(a)

General Requirements for Compliance Part 390

- State licensing, registration & insurance
- USDOT number
- Vehicle marking FMCSR 390.21
- Correct Operating Authority / MC Authority- For Hire
- Weigh scales / Port of Entry
 - http://drivinglaws.aaa.com/tag/weigh-stations/



Motor Vehicle Inspection, Repair & Maintenance – Part 396

The motor carrier and the drivers the motor carrier employs must regularly repair, inspect and service the CMV's it operates.

- Daily -
 - Driver pre- and post-trip inspection FMCSR 396.11, 13

• Periodic –

 Motor carrier performs complete inspection of truck & trailer every 12 months -FMCSR 396.17

Scheduled

Vehicle file, maintenance system – FMCSR 396.3(b), 396.3



Driver Requirements – Part 391

The basic infrastructure of motor carrier safety:

- Hiring
 - competent, qualified drivers
- Training –

 Providing mandatory and supplemental, functionappropriate training

Supervision –

 Monitoring driver activities and performance to ensure compliance

Driver Qualification

Driver qualification (Part 391)

- Application 391.21
- Driving & employment investigation 391.23
- Annual reviews 391.25,27
- Medical qualification 391.41
- Road test 391.31
- Pre-employment drug test (CDL drivers) 40, 382
- Separate DOT file

| Street 4 | Inquiry to Past Employer | | | | | |
|-------------|--------------------------|---|-----------------------------|--|--|--|
| | | vious Employer | FROM Prospective Employer | | | |
| In complia | Coopery: | | Luke's Trucking Company | | | |
| without seg | Introduct | | | | | |
| POSITIC | Address: | | MOTOR UNITED DEPEND | | | |
| | City, St. Zp: | | MOTOR VEHICLE DRIVER'S | | | |
| Name: | Dear Sir/Mad | | CERTIFICATION OF VIOLATIONS | | | |
| Address: | The person na | Sector Sector | | | | |
| How long | | Driver's Name | Jonas Kibby | | | |
| Other ads | from As stated belor | Hire Date: | | | | |
| Street. | information ve | I certify that the following is a true and complete list of traffic violation | | | | |

Application for Employment

Driver Training

"Every driver and employee shall be instructed regarding, and shall comply with, all applicable regulations ..." - FMCSR 390.3(e)(2)

 'Broad brush approach' - Limited number of mandatory training requirements



Key Driver Training Topics

- Driver qualification/disqualification
- Defensive driving
- Winter driving
- Load securement/weight distribution
- Road rage
- Distracted driving
- D&A prohibitions
- Hour-of-service record keeping
- Accident scene management
- Vehicle inspection



Driver Supervision

Question 8: Are carriers liable for the actions of their employees even though the carrier contends that it did not require or permit the violations to occur?

 Guidance: Yes. Carriers are liable for the actions of their employees. Neither intent to commit, nor actual knowledge of, a violation is a necessary element of that liability. Carriers "permit" violations of the hours of service regulations by their employees if they fail to have in place management systems that effectively prevent such violations.

Hours of Service ("HOS") – Part 395

- 'All about Driving time'
- Requires 'logs' or time cards
 - 10 consecutive hours off duty before driving
 - 11 hours driving maximum
 - No driving after 14th hour
 - No driving after 70 hours on duty in 8 consecutive days
 - 'Restart' permitted after 34-consecutive hours off duty

*Construction exception- 24 hour restart

 — 30-minute off duty (break) after 8 hours on duty before again driving

NON-CDL Short Haul Exception

- Non-CDL
- 150 air mile radius
- 26,000 GVWR or less
- 14 hour shift
- Start and Stop at same location



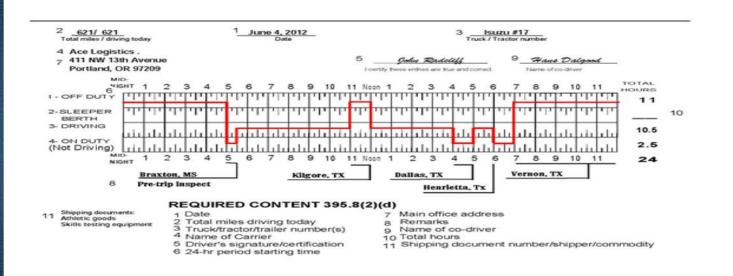
CDL Short Haul Exemption

• CDL

- 100 air mile radius
- 26,000 GVWR or more
- 12 hour shift
- Start and Stop at Same Location



Sample log / Time card



| 10/8 | Start 6:00AM | End | 9:00PM | On-Duty 14.5 |
|------|--------------|-----|--------|--------------|
| 10/7 | Start 7:00AM | End | 7:00PM | On-Duty 11.0 |
| 10/6 | Off duty | | | |
| 10/5 | Start 6:00AM | End | 4:00PM | On-Duty 9.5 |
| 10/4 | Start 6:00AM | End | 4:00PM | On-Duty 9.5 |

ELD Mandate

As of December 18, 2017 drivers are required to maintain an Electronic Log via an Electronic Log Device (ELD).

This may eliminate the need to maintain paper logs.



ELD Exemptions

- Drivers who qualify for the Short Haul Exemption
- Drivers who use paper RODS for not more than 8 days out of every 30-day period.
- Drivers who conduct tow-away operations
- Drivers of vehicles manufactured before 2000.



FMCSA – Safety Measurement System

United States Department of Transportation

Number of Inspections: 23

About DOT | Our Activities | Areas of Focus

| C FMCSA Federal Motor Carrier Safe | ty Administration | | | | |
|---|---|---|--|--|--|
| Compliance + Safety + Accountability | | Get Road Smart. | | | |
| SMS Safety Measurement System | A&I CSA SMS OVERVIEW ADVANCED TOOLS SEARCH | HELP CENTER Search Motor Carriers: Type Name, U.S. DOT#, MCA | | | |
| | Safety Rating & OOS Rates | Licensing and Insurance (As of 07/18/2014 updated hourly from <u>L&L</u>) | | | |
| SAMPLE CARRIER 1 DBA: SAMPLE CARRIER | (As of 07/18/2014 update daily from <u>SAFER</u> .) | | | | |

20.7

5.5 4.5 Broker

No

NOTE: This Carrier has an Inactive USDOT Number per 49 CFR 390.19(b)(4): Biennial update of MCS-150 data not completed

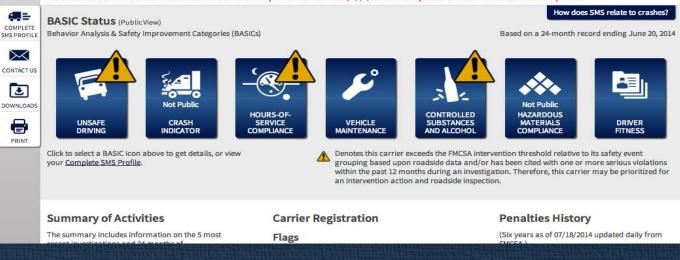
182

8.7

Vehicle

Driver

Hazmat



CSA - Compliance, Safety, Accountability

| + VIOLATION SUMMARY - INSPECTION HISTORY | | | | | Vehicle Maint. Violations: 22 | | | | |
|--|-------------------------------|--|-------------------------------|-----------------------|--------------------------------------|--|-------------------|--------------|--|
| | | | | | Vehicle Inspections: 11 | | | | |
| Please select to vie | ew your Inspection History | y. You can also sor | t your data by Date, Repo | rt Number, Vehicle Ty | /pe, etc. | | | | |
| - | | - | | | | | | | |
| Vehicle Ins | (or) | | /ehicle Maint. Violatio | | | | | | |
| 11 | (/ | Witho | ut Vehicle Maint. Viola | itions (4) | | | | | |
| | | | | | | | | | |
| | - | | | | | | um of the Total V | Veight (TotW | |
| Report | | | Vehicle | | | Measure = Sum of the Time Weight (TiW) | | | |
| | | | | | | Severity | Time | Total | |
| Inspection Date | Number | State | Plate Number | Plate State | Туре | Weight | Weight | Weight | |
| | | | | | | (SW) | (TiW) | (TotW) | |
| 5/16/2014 | NM1234567890 | NM | AM12345 | CA | Truck Tractor | 0 | 3 | 0 | |
| 4/24/2014 | VA0987654321 | VA | AM12345 | CA | Truck Tractor | 2 | 3 | 6 | |
| | perative required lamps | | | | | 2 | | | |
| 3/11/2014 | OK1122334455 | OK | AM09876 | CA | Truck Tractor | 0 | 3 | 0 | |
| 2/27/2014 | MA0099887766 | MA | AM00112 | CA | Truck Tractor | 5 | 3 | 15 | |
| | perative required lamps | | | | | 2 | | | |
| | No spare fuses as require | | | | | 2 | | | |
| /iolation: 393.78 W | indshield wipers inoperat | and a state a second of | | | | 1 | | | |
| | | - | Inspection Severity Wei | | | 5 | | | |
| 1/1/2014 | AR2233445566 | AR | AM55667 | CA | Truck Tractor | 0 | 3 | 0 | |
| 11/21/2013 | AR1112223334 | AR | AM88775 | CA | Truck Tractor | 9 | 2 | 18 | |
| | indshield wipers inoperat | | | | | 1 | | | |
| | e) Power steering violation | ns | | | | 6 | | | |
| /iolation: 393.9 Ino | perative required lamps | f Vieletien Meight | Inspection Severity Wei | abt (614) | | 2 | | | |
| 7/5/2013 | SCA999888777 | SC SC | AM88775 | CA | Truck Tractor | 4 | 2 | 8 | |
| | Operating a CMV withou | | | CA . | Truck Tractor | 4 | 2 | 0 | |
| 3/29/2013 | MDZ000777444 | MD | AM78906 | CA | Truck Tractor | 29 | 1 | 29 | |
| 2. C. C. State 197 | safe operations forbidder | (0.27) | AM10300 | 0 | THUCK TRACTOR | 3+2 (00S) | - | 25 | |
| | Oil and/or grease leak | 1(003) | | | | 3 . 2 (003) | | | |
| | | | | | Sum of measure weight | s 77 | 23 | 104 | |
| | | | | | Sum of measure weight | | | 1 | |
| PERFORMANCE MONTH As of 5/3 | MEASURE LAST TO 80/2014 Ti | $\frac{104}{100} = \frac{104}{20} = 5$ | .20 MORE | INFO | IANCE MEASURE THIS s of 6/20/2014 | $\frac{\text{TotW}}{\text{TiW}} = \frac{1}{2}$ | 04 23 = 4.52 | | |
| *** The sum of all vi | olation severity weights (| violation weight + o | out-of-service) for this insp | pection has been cap | ped at 30. | | | | |
| + INVESTIGATIO | | | | | Vehicle Maint. S | erious Violation | is: 0 | _ | |
| | | | | | | | | | |

Drug and Alcohol Testing

- Must have a random testing plan in place
- Must ensure plan is managed per regulation
- Must have negative pre-employment test results before allowing behind the wheel
- Supervisors must have Reasonable Suspicion Training and documentation of training

| | Protocol de la construir a | ******* | | - |
|----------------------------------|--|---|----------------------------|--|
| Name ICI PP No | And Honeron Dear Dennes Packes Anken Tark Dennes Anternation Anternation Proteins Ghictose Ketones Billrubh Biood Leucocytes Urobillinogen Nitrite | NELLOW CLEAR LOOS 7.0 NEG NEG NEG NEG NORM NEG | | #/L mmi µmc Ery/ Leui µmc |
| SPecimen Dute Time STERILE | MICROSCOPY RBC WBC Epithelial Cells Others | NIL NIL NO CAST | [] [] [] OR CF | × 10 × 10 × 1 RYSTA |
| | VDDI | | | |

When It Comes To Managing Risk

Be a Ms. Vito!

QUESTIONS?

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